

NOVA Celebration

NOVA (Network of Volunteer Administrators) held their annual celebration to thank the volunteers in our community and we had a great turn out from Community Living Access. It was a fun filled evening with a harpist, food, drink and wonderful door prizes!



We are always looking for volunteers for various events throughout the year. If this is something that you would like to participate in or would like further information, please connect with the office at 519-426-0007 and speak to either Bruce Robinson ext. 112 or Don Lawson Ext. 111.

Both of these gentlemen would love to chat with you and find that perfect fit for you within the agency.

WE HAVE A WINNER!



Guess who won a \$50 Tim Horton's Card during the roll up the rim this spring? This is the first time I have won anything big....this will be spent wisely on ice caps and breakie sandwiches.... Thanks Tim's!

Submitted by Kevin Rockefeller

Brain Teasers

1. What is as big as you are and yet does not weigh anything?
2. When you have me, you feel like sharing me. But, if you do share me, you don't have me anymore. What am I?
3. Two fathers and two sons go fishing. Each of them catches one fish. So why do they bring home only three fish?
4. You can hold it without using your hands or arms. What is it?
5. Until I am measured, I am not known. Yet how you miss me, when I have flown! What am I?

(Answers on page 6)

READY and ACTION

I had the opportunity to visit the Comic Con at the Norfolk Public Library in Simcoe. I was dressed as Ash Catchem from Pokémon and had the chance to visit the video room where I learned about green screens and how they use computers to add pictures behind you to look like you are right there. Watch out Pokémon, I've got my Poke-ball out and I'm gonna catch them all!



I have also returned to the Farmer's Market where I busk with both my guitar and ukulele and selling coarse art. Right now my primary medium is water colour on canvas, but I intend to experiment with other art forms in the future. Come by and check out my work, and enjoy a tune or two Thursdays at the Norfolk County fairgrounds.



Submitted by Matt Hachey

David Pitonyak



David Pitonyak Presents “Toolbox for Change”

Reclaiming Purpose, Joy and Commitment in the Helping Profession

Responding to an invitation from Community Living Access; on Wednesday, April 3, over 150 individuals representing over 13 (thirteen) Developmental Services Agencies across southern Ontario descended upon Simcoe in Norfolk County to be inspired, to be enlighten and to embrace the principles of Reclaiming Purpose, Joy and Commitment in our careers and lives.

In an ever increasingly complex world of daily demands, high expectations, pressure to be available to deal with ‘matters of consequences’ 24/7, our individual self and our personal JOY can become lost or intertwined with the pressures of work, our daily routines and myriad of complex relationships. This timely and universal topic is a challenge we all face daily regardless of one’s profession, calling in life, age, status and abilities. In short, if left unchecked and not nurtured, it erodes and steals our JOY, it reduces our ability to interface with life, tarnishing our dreams, purpose, and satisfaction.

Armed with his “Toolbox for Change” David took us on a journey, a journey on why each of us should make **JOY** a **GOAL**, our primary goal! He masterfully connected the dots so to speak, on how our relationships, our work, and our other life goals can be much more difficult to achieve if we do not



afford time to our individual self, our own discovery where our joy lives within us.

David’s storytelling, and everyday examples on how to take the time to discover the joy that is unique to each of us, were practical and simple. David also spoke at great length about isolation and loneliness. People need to be socially connected. He was passionate about the importance of relationships on all levels and cautioned that it may seem like people aren’t lonely because there are people around, but that does not mean they are connected. Our day with David was not only inspiring, thought provoking and practical; he showed us how this approach to self-joy, impacts on others, our job and the people we love. He believes you must treat yourself as good as the guest who comes into your home.

Special thanks to the organizing committee – Val Kelly, Anna Jo Giles, Kandice Gaspar, Kim Slavinsky and Cheri Emerson – for their hard work to make this day such a success!



Submitted by Don Lawson

Re:Action4Inclusion Youth Leadership Summit

On March 29 & 30 students involved with Fusion4Inclusion hailing from Cayuga Secondary School, McKinnon Park Secondary School, Waterford District Secondary School, Valley Heights Secondary School and Holy Trinity Catholic High School attended the Re:Action4Inclusion “Youth Leadership Conference”. Celebrating 10 years of youth leadership, 25 students, 1 alumni (now attending university) and 6 adult allies attended this interactive and hands-on learning experience. Everyone left feeling energized and committed to continue building stronger and inclusive communities.

The communities of Haldimand, Norfolk and Six Nations were well represented throughout the conference. Three of our students who are on the Provincial Advisory Council for Re:Action4Inclusion, delivered an exceptional workshop titled “Leadership: Youth Taking Charge” which highlighted our Fusion4Inclusion initiative. The cultural coordinators from Community Living Six Nations delivered a powerful workshop on ‘Community Building and Unpacking the Meaning of Community’. Sonia Lewko, a staff ally from Haldimand Norfolk REACH was awarded the Staff Ally Award as a result of nominations from students.

Words that come to mind when thinking about the conference are “Amazing”, “Thought-Provoking” and “Truly Inspirational”. Comments from the students included “we can make our schools more welcoming for all students” and “we can make a difference”.

The ability of students to attend the conference was made possible as a result of support received from the Caledonia Lions, Fisherville Lions, Hagersville Lions, Port Dover Lions, Simcoe Lions, and Simcoe Kinettes. It is through their generous support that we were able to send the largest group of students in the province to attend this youth leadership summit.

Lastly, it is the result of the strong working relationships between Community Living Access, Community Living Haldimand, Community Living Six Nations, Haldimand Norfolk REACH and the Norfolk Association for Community Living and their common belief of the importance in nurturing and supporting our young people in becoming advocates for authentic inclusion that makes Fusion4Inclusion possible.



Submitted by Sharon Norrington



And so it is...

By Kevin Rockefeller

I decided that we should "Get to know" our staff. I interviewed Doug Smith.

Q: "How long have you been with the agency?"

A: "I have been in the agency since 2007."

Q: "Do you like it and what do you like about it?"

A: "Yes and I like listening to people's stories."

Q: "What would you like to see happen in our agency? I know that I would like to see more new vehicles."

A: "I would like a greater focus on finding employment opportunities for the people we support."

Q: "What made you decide to work with people with special needs?"

A: "I worked with young offenders in my early 20's and I also worked in a rehab facility for young people. There wasn't a place to do this in Norfolk. Then CL Access built a new home in St Williams and I knocked on the door and applied."

Q: "What are your hobbies? I know you like hunting."

A: "I like to cook, I taught a cooking class, I like wood working, making maple syrup, being outside hunting and fishing, teaching kids to make bow and arrows, riding a bike."

Q: "What is your favorite food?"

A: "Pizza or Cheeseburgers"

Q: "I know that you are a preacher. How long have you been doing this and what made you decide to be a preacher and are new members welcomed?"

A: "I preached my first service when I was 14 years old. I started up a new church 1 year ago, The Fellowship of Joy at the Old School in St. Williams. Once you experience what Jesus can do for you then you want to tell people about it., and yes, anyone is welcome to attend."

Q: "Do you like being a pastor?"

A: "Yes, you get to meet people when you do their wedding and meet people when they are down, to comfort them. I offer marriage

counselling and it is also a good way to get to know people's needs."

Q: "What is the difference between a pastor and a priest?"

A: "Not a whole lot, different people use different words to say the same thing."

Q: "Do you have family?"

A: "Yes, I am married and have a son named Rowan, who will be 11 years old."

Q: "Do you have any goals or dreams?"

A: "Yes, I would like to see my Church grow. I would like to do something about helping people we support reach employment. I would like to see some supports around employment opportunities and I would like to be a trainer like David Pitonyak and teach how not to get stressed."

Q: "What are you proud of?"

A: "There is a lot of things that I am thankful for. My family, my syrup crop, my nice workshop, my ability to stay calm."

Q: "What do you hope for regarding changes in the community?"

A: "A better focus on helping people find fulfillment in their lives. Starting a free community garden in St Williams and people can learn to grow their own food. Help people feel fulfillment in their daily lives."

"Thanks Doug for your time, I feel that I have gotten to know you better!"



Bringing Back the Moose Dance

Hosted by Kevin & Michelle



Mark your Calendar!

1st Sunday of Every Month which
started May 5, 2019

Come and reunite with old friends,
make new ones and new
memories.

Trinity Anglican Church
80 Colborne Street South
6:30 - 9:00 pm

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Or buy at the door
\$5 admission

\$1 for pop or water
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SUBWAY DAY IS COMING

May 31st we will be
delivering delicious
lunches once again
to businesses
throughout Norfolk.
For \$10, you will
receive a 6 inch
sub of your choice, a drink, a cookie, bag of
chips and an apple. Please visit our website
www.communitylivingaccess.ca, connect with
Shelly at ext. 100 or email
smarinic@communitylivingaccess.ca for an
order form.



2019 Lottery Calendar Winners to date

January 4	– Ramona Adams	- \$300.00
January 11	– Mabel Caughill	- \$100.00
January 18	– Connie Stubbs	- \$100.00
January 25	– Jim Biro	- \$100.00
February 1	– Kent Fraser	- \$100.00
February 8	– Lynne Gale	- \$100.00
February 15	– Jeannie Smith	- \$100.00
February 22	– Jackie Spencer	- \$100.00
March 1	– Summer Cashmore	- \$100.00
March 8	– Nicholas Ashford	- \$100.00
March 15	– Rodney Morris	- \$100.00
March 22	– Larry Barnard	- \$100.00
April 5	– Tyler Offless	- \$100.00
April 12	– Carrie Jackson	- \$100.00
April 18	– Cheri Emerson	- \$100.00

SAVE THE DATE

July 7, 2019

Our annual summer picnic is Sunday July 7th
beginning at noon at the Lion's Park Pavilion
on Davis Street in Simcoe.

Further details will be sent closer to the
event and will be posted on our website.

Hope to see you all there!

Brain Teaser Answers (from page 2)

1. Shadow
2. A Secret
3. Because the fishing group comprises a
grandfather, his son, and his grandson - hence
just three people.
4. Your Breath
5. Time

CL Access Thanks our Calendar Sponsors!

The 2019 Lottery Calendar would not be possible without the incredible support from the following Calendar Sponsors – Please say thank you on our behalf when you visit them!



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We would like to thank the following businesses who helped to sell our 2019 Lottery Calendars;

In Delhi – **Paul Shoes**; In Port Dover – **Port Dover General Store, Port Dover Jewellery and Gifts, Scotiabank, Tan Mar Shoppe, The Barber Shop**; In Port Rowan - **Port Rowan Pharmasave**; In Simcoe - **Domino's Pizza, Libro Credit Union, Mainstation Apparel, Scotia Bank**; In St. Williams - **St Williams Shell Gas & Variety**; In Waterford - **Embrace Hair Salon, Mainstation Collectables**

A Special Thank YOU to **Canadian Tire, Dominos Pizza, Eising Greenhouse & Garden Centre, Roulston's Pharmacy & Wellness Centre** who allowed our agency to setup a table to sell our 2019 Calendars.



Kristina I. Kett
Financial Advisor

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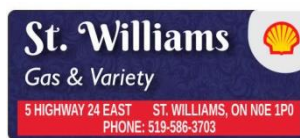
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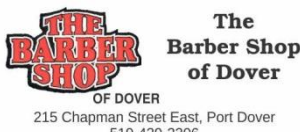
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Please contact Don at the office if you would like to be a 2020 sponsor

MEMBERSHIP APPLICATION and RENEWAL FORM

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Please check each that applies to you

- | | | | |
|---------------------------------|---|------------------------------------|--|
| <input type="checkbox"/> Parent | <input type="checkbox"/> Relative/Guardian | <input type="checkbox"/> Volunteer | <input type="checkbox"/> Community Member |
| <input type="checkbox"/> Friend | <input type="checkbox"/> Supported Individual | <input type="checkbox"/> Employee | <input type="checkbox"/> other Agency Representative |

General Membership:

Open to any person who supports the purposes and objectives of the Organization and who pays annual membership dues, except persons employed by this Organization, any similar organization or acting as a representative of such organizations.

Friends of the Association

Open to any person who supports the purposes and objectives of the Organization and who pays an annual fee, and is employed by this Organization, any similar organization or acting as a representative of such organizations.

We shall issue your receipt and membership card once we have received your payment.

Annual Membership Fee of \$5.00 is due each January 1st.

Please check off one:

- | | |
|---|---|
| <input type="checkbox"/> General Membership Fee | <input type="checkbox"/> Friends of the Association |
|---|---|

Please check the areas which would be of interest to you:

- | | |
|---|--|
| <input type="checkbox"/> Board of Directors | <input type="checkbox"/> Committees |
| <input type="checkbox"/> Fundraising | <input type="checkbox"/> Volunteer (support enhancement) |

Preferred method of contact? ☐ Telephone ☐ Direct Mail ☐ E-mail

Would you like to receive your written correspondence by e-mail? ☐ Yes ☐ No

Can we provide your contact information to Community Living Ontario ☐ Yes ☐ No

Would you like to volunteer for any of our fundraising events? ☐ Yes ☐ No

We are on Social Media



<https://www.facebook.com/CLACCESS>
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If you have enjoyed this issue of Eye on Access, please help us fund the future publications by making a donation.

A Tax Receipt will be issued

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If you require any further information, please contact Community Living Access 519-426-0007

Thank you for considering becoming involved with our Organization.