

KELLY WALKS THE WORLD!

Our daughter, Kelly, has been living in her home for two and a half years receiving support from CL ACCESS. She is 52 years old, but it feels to us like she is a lively, happy teenager again!

CL ACCESS staff took the time to 'learn' Kelly. They discovered that Kelly has a passion for walking. Every day, Kelly hits the streets and trails. She is now strong and fit, and you can tell from her infectious smile how good she feels.

A great by-product of Kelly's walking are all the friendships she's making with people she regularly meets out in the world. They are part of her community and she is a part of theirs. Transferring from the trails to the local hockey and ball games, people are asking about Kelly when they don't see her.

Outdoor exercise is wonderful for all of us. For Kelly, the confidence and calmness she's gained from walking have stuck with her into other activities, like going to watch the Hamilton Bulldogs play hockey, listening to live music at the Norfolk Tavern, enjoying various restaurants and even being splashed by the ocean on a tuna boat in the Maritimes!

(Continued on page 2)

We are so grateful to CL ACCESS staff for taking the time to help Kelly discover all the things that she enjoys. They have really turned her life around. We can't wait to see what she gets up to next! We only hope we can keep up with her.



PS....We would like to acknowledge Tricia and Cheri who said we can do it and to Steve, Kim, Lisa, Vicki, Jenny, Anna-Jo, JoAnna, Mia, Rosanna, and Sarah and to all others who have believed in Kelly and contributed as a team "we did it".

Submitted by Al & Carol Winger.

*Success is not final,
Failure is not fatal: it is
the courage to continue
that counts.*

- Winston Churchill

MEETING TEDDY

I met Teddy who is a Texel guinea pig and he is about 12 weeks old. I sat and cuddled with him for a while and found it very relaxing. He switched



spots a few times to get comfortable and then went back to sleep each time. I learnt that a nickname for guinea pigs is "cavy," and that in the wild they live in caves, in Peru. They seem to make very good pets though! I hope to spend more time with Teddy soon!

On Saturday October 27th, I went to a fundraiser for the Special Olympics swim team. It was a great night! I listened to John Denver, Johnny Cash, Elton John and Elvis impersonators. I knew most of the songs and spent the evening dancing in my seat and singing along. There was a crowd up front on the dance floor, so I stayed where I was sitting, but that didn't stop me from showing off my moves! There were a couple of songs I knew and was disappointed because I didn't hear them in the first set... then they all sang again and I really got into it when I heard my favorites! I

saw a lot of my friends there, chatted, had a great supper and was lucky enough to have my



picture taken with Elvis! A fun night!!

Submitted by Cindy Hooyenga

GREG FREWIN MAGIC SHOW

I wanted to do something special for my 77th Birthday this year, so I chose to go to Niagara Falls to see the Greg Frewin Magic Show. He did so many wonderful tricks, he had birds and tigers as part of the show. My favorite trick was when Connie was called out of the audience to do an invisible card trick. He gave her a bunch of instructions and she ended up picking the 9 of Hearts from the deck. Greg Frewin then pulled out a large deck of cards and he was able to select her card. I thought it was so funny.

After the show, I went to see the floral clock and the Hydro Dam. We took a few photos and then drove by Niagara Falls and saw some of the lights.

I had seen the Texas Bar and Grill restaurant on my way into town and really wanted to try it, so we went there for dinner. They served us popcorn while we waited for our food and Connie taught me how to throw it and catch it in my mouth. We laughed so much. After a lovely sandwich and coleslaw we headed home. What a great day I had!



Submitted by Rosemary Kreller

YOU POWERED GROUP

The You Powered Group had a fundraiser in September 2018 and paddle boarded from Port Ryerse to Port Dover to raise money to start a bike program in Norfolk County.

With the money, they had fixed a few bikes and bought 3 new ones to give away. I was one of the first individuals to receive a new bike!

I love the bike....its blue and I am very thankful to the You Powered Group!!



Submitted by Kevin Rockefeller

RIDDLE TIME!

George was cleaning the windows on the eighteenth floor of an office block when there was a massive power failure. The electric hoist on his platform was immobilized.

How did he manage to get down before the power was restored?

Answer on Page 5

And so it is...

By Kevin Rockefeller

I met with new Town Counsellor Ryan Taylor. So first I want to say congratulations on becoming a Ward 5 Counsellor

Q: Are you the youngest counselor in this area?

A: I am the youngest councilor sitting on council at this time, I am 25 years old.

Q: What made you run for council?

A: It's something I have always been interested in since I was in high school. One of my teachers just recently remembered me wanting this position even back then. I am interested in government.

Q: How would you like to see this town improved and revitalize the down town core?

A: I would like to see the downtown core come back to life! It will be a lengthy process. I have to see what I can do to attract people back downtown and work with the current store owners to revitalize downtown. I am currently working with fellow counsellor Ian Rabbitts on a downtown revitalization working group. I am doing fact finding missions with the county staff and the public to see what this town can look like.

Q: How do you feel about the legalization of Marijuana?

A: As a whole, I feel it is a good thing for this country; there are so many people in prison for nonviolent crimes. It would be beneficial for shops in Simcoe, nice to see local entrepreneurs. Currently it is done with a lottery style license. The government will be making announcements shortly on who the successful lottery winners are.

Q: What are your thoughts on the building of Indwell in the old Norfolk Hotel?

A: Indwell for downtown is amazing! I can already see a big turnaround in the atmosphere downtown.

Indwell is a great community partner and I hope to work with them again in the future.

Q: What do you do when you are not busy being on town council?

A: I am an optician working for my family's optical business, J Daniels Optical in Simcoe. I spend the majority of my time there. I enjoy going downtown to different coffee shops, meeting new people. I also enjoy reading political books.

Q: Are you enjoying being a councilor so far and where can I go watch the town council meetings.

A: I am loving it so far and I am looking forward to seeing what we can accomplish as a group. If you are interested, the town council meetings are every Tuesday at Town Hall from 3pm-9pm. It can go shorter or longer depending on how the meeting is going. There is a public calendar on the Norfolk County website for more information. www.Norfolkcounty.ca

Thank you Ryan for your time with this interview. It is good to know a councilor personally in case I have any issues. Good luck in your future.

Your welcome Kevin, my pleasure!



MAKING CONNECTIONS AT THE SENIORS CENTRE!!

I attend the Seniors Centre most Monday afternoons. While there, I choose some movies to sign out, make and pay for my coffee and play pool. One of the gentlemen who is always there (playing pool) is Charles Jambor. He is a local author who has written 3 books to date and is working on another. Charles and I exchange greetings every time that I am there and sometimes he teases me. I really enjoy attending the Seniors Centre and like the individuals who I have made a connection with.



Submitted by Randy Vinnai

RIDDLE ANSWER

(From Page 3)

George walked down the stairs.
He was cleaning the inside of the windows.



BREAKFAST TELEVISION

On Friday, February 1st, Paul went to Toronto to CITY TV, where he was able to sit on the set of Breakfast Television. Paul met all of the cast members and guests and at the end of the show, Paul was invited onto the couch and was on TV. Dina, the star of the show, presented Paul with a hat and mug and thanked him for coming all the way down to see them. This had been a goal of Paul's for quite a while, so it was great to see Paul realizing one of his dreams. Paul also went up the CN Tower that day. He stood on the glass floor and had lunch at Tim Horton's on the way back home. A great trip!



Submitted by Phil Ogden

COMMUNITY CHRISTMAS

Celebrating Christmas in the Community. Penny owner of the Rack and Q invited some individuals and their staff to enjoy a wonderful Christmas dinner and good fellowship in the afternoon of Christmas Eve. Turkey with all the trimmings...lasagna, cabbage rolls and so many desserts were enjoyed by all. Thank you Penny for showing us the true meaning of Community!



REMEMBERING JACKIE SPENCER



Jackie's partner, Rob, wanted me to pass along to everyone at Community Living Access his heartfelt thanks for their support through this difficult time and the very generous gift card. He was truly touched and thankful, wanting to be sure his message was passed along with how grateful he is.

Thanks so much to everyone.

Lindsay

SUBWAY DAY IS COMING

May 31st we will be delivering delicious lunches once again to businesses throughout Norfolk.

For \$10, you will receive a 6 inch sub of your choice, a drink, a cookie, bag of chips and an apple. Please visit our website or contact Shelly at smarinic@communitylivingaccess.ca for an order form.



2019 Lottery Calendar Winners to date

January 4	– Ramona Adams	- \$300.00
January 11	– Mabel Caughill	- \$100.00
January 18	– Connie Stubbs	- \$100.00
January 25	– Jim Biro	- \$100.00
February 1	– Kent Fraser	- \$100.00
February 8	– Lynne Gale	- \$100.00
February 15	– Jeannie Smith	- \$100.00



SAVE THE DATE

Our annual summer picnic is Sunday July 7th beginning at noon at the Lion's Park Pavilion on Davis Street in Simcoe.

Further details will be sent closer to the event and will be posted on our website.

Hope to see you all there!

2019 Lottery Calendar - SOLD OUT!

The 2019 Lottery Calendar would not be possible without the incredible support from the following Calendar Sponsors – Please say thank you on our behalf when you visit them!



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We would like to thank the following businesses who helped to sell our 2019 Lottery Calendars;

In Delhi – Paul Shoes; In Port Dover – Port Dover General Store, Port Dover Jewellery and Gifts, Scotiabank, Tan Mar Shoppe, The Barber Shop; In Port Rowan - Port Rowan Pharmasave; In Simcoe - Domino's Pizza, Libro Credit Union, Mainstation Apparel, Scotia Bank; In St. Williams - St Williams Shell Gas & Variety; In Waterford - Embrace Hair Salon, Mainstation Collectables

A Special Thank YOU to Canadian Tire, Dominos Pizza, Eising Greenhouse & Garden Centre, Roulston's Pharmacy & Wellness Centre who allowed our agency to setup a table to sell our 2019 Calendars.



Kristina I. Kett
Financial Advisor

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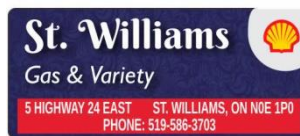
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Please Print

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Telephone: _____ (home) _____ (business)
E-mail address: _____

Please check each that applies to you

- | | | | |
|---------------------------------|---|------------------------------------|--|
| <input type="checkbox"/> Parent | <input type="checkbox"/> Relative/Guardian | <input type="checkbox"/> Volunteer | <input type="checkbox"/> Community Member |
| <input type="checkbox"/> Friend | <input type="checkbox"/> Supported Individual | <input type="checkbox"/> Employee | <input type="checkbox"/> other Agency Representative |

General Membership:

Open to any person who supports the purposes and objectives of the Organization and who pays annual membership dues, except persons employed by this Organization, any similar organization or acting as a representative of such organizations.

Friends of the Association

Open to any person who supports the purposes and objectives of the Organization and who pays an annual fee, and is employed by this Organization, any similar organization or acting as a representative of such organizations.

We shall issue your receipt and membership card once we have received your payment.

Annual Membership Fee of \$5.00 is due each January 1st.

Please check off one:

- | | |
|---|---|
| <input type="checkbox"/> General Membership Fee | <input type="checkbox"/> Friends of the Association |
|---|---|

Please check the areas which would be of interest to you:

- | | |
|---|--|
| <input type="checkbox"/> Board of Directors | <input type="checkbox"/> Committees |
| <input type="checkbox"/> Fundraising | <input type="checkbox"/> Volunteer (support enhancement) |

Preferred method of contact?

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- | | |
|------------------------------|-----------------------------|
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Can we provide your contact information to Community Living Ontario

- | | |
|------------------------------|-----------------------------|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No |
|------------------------------|-----------------------------|

Would you like to volunteer for any of our fundraising events?

- | | |
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| <input type="checkbox"/> Yes | <input type="checkbox"/> No |
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